Dear Potential NHS Cheerleading Parents/Guardians,

Thank you for coming to the Pre-Tryout Meeting, tryouts are just around the corner! We have a lot of new and fun things planned and are very excited to start the 2017-2018 Cheer Season!

**Potential Cheer Parents & Cheerleaders:**

Norcross Cheer is a fun and rewarding program that is a time, financial, and lifestyle commitment for the student AND parent. We strive to create leaders and expect our cheerleaders to be good examples within the school and community throughout the year, not just during the season they are cheering. We are excited to work with students and parents that are looking to be a part of something greater than themselves to bring spirit to our school and community.

CLINIC DATES: **Monday, March 20th - Wednesday, March 22nd, 4:30pm – 6:30pm**

*Attendance on ALL clinic days are mandatory, these are the practices for the actual tryout. Missing any day of clinic is unacceptable. ALL material learned is expected to be shown at tryouts.*

FORMAL TRYOUTS:

Rising 9th graders - **Thursday, March 23rd**, beginning at 4:30pm

Rising 10th-12th graders - **Friday, March 24th**, beginning at 2:30pm

**Important Dates:**

**-March 15th** – All applications due to Coach Clark in B216, (including 2 teacher recommendations)

-**March 20th–22nd** – Tryout Clinic Dates – **COMPLETED NHS PHYSICAL NEEDED TO PARTICIPATE!**

-**March 23rd** – Formal Tryout Date for rising Freshman **$200 CHECK DUE!**

**-March 24th** – Formal Tryout Date for rising Sophomores, Juniors, and Seniors **$200 CHECK DUE!**

**-March 27th** – Post-Tryout Meeting: Freshman & JV Squads (cheerleader AND parent MUST attend)

-**March 28th** – Post-Tryout Meeting: Varsity Squads (cheerleader AND parent MUST attend)

-**April 27th** – Varsity Squads Uniform Fitting (all Varsity cheerleaders must attend)

-**May 12th** – Spring “Blue & White” Football Game (all Varsity Football cheerleaders expected to attend)

-**May 13th** – Spring Car Wash Fundraiser (all cheerleaders expected to sell tickets prior and attend)

-**June 22** – Spirit Wear Reveal and Camp Preparation meeting (all cheerleaders expected to attend)

-**June 25th-27th** – Spirit Camp at Georgia Tech (overnight camp - all cheerleaders expected to attend)

-**July 31st** – Pictures for all squads

**Be sure that all necessary info/signatures are on application and physical!**

We look forward to seeing your daughter or son at tryouts!

-NHS Cheerleading Staff

**Costs Associated with Cheerleading**

Each cheerleader is responsible for all costs associated with being a member of a cheerleading squad as outlined below. In an effort to keep costs down we will have fundraising events to help offset total costs for cheerleading that are not included in a cheerleader’s dues. The costs shown below are approximate and are subject to change until the Post-Tryout Meetings.

**Mandatory Costs for All Cheerleaders on Any Squad (1 season):**

1. Spirit Camp – 3 day, overnight camp at Georgia Tech $300
2. Spirit Wear – Mandatory spirit wear for camp AND season $ 45
3. Program Fees – Ins. Costs, Banquet, Team Hospitality, Equipment, etc. $145
4. Uniform & Pom Rental Fee $100

**CHEER DUES** **$590**

**Cheer & Dance Atlanta Jayhawks** $100

* 2 months @ $50/month (practice w/professional coaches)

**Paid directly to CDA**, NOT to Norcross, coaches, or MyPaymentsPlus.

* All squads will attend practices at CDA once a week during 1st semester

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**Both Seasons Additional Costs:**

Additional Program Fee – Uniform/Pom Rental and Program Fees $140

Additional CDA Costs – Practice w/professional coaches during BB season $100

* 2 months @ $50/month: **Paid directly to CDA**,

NOT to Norcross, coaches, or MyPaymentsPlus.

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**Varsity Cheerleaders Additional Costs:** (add to August 1 payment)

1. Varsity Jersey – football and/or basketball $ 50
2. Crew Sweatshirt - football season only $ 45

**Payment Schedule**

- **TRYOUT DAY** (March 23 or 24)$200

- **May 1** $145

- **June 22** $145

- **August 1** $100\* (check above for additional varsity fees)

*Cheering Both Seasons*

- **October 1** $140

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**Mandatory Items to be purchased – does not need to re-purchase if cheerleader already has from previous season:** (More info. on these items & how to purchase them at Post-Tryout Meeting)

1) Navy Sports Bra & White Sports Bra

2) Set of Navy, White, and Grey Cotton Cheer Shorts

3) Cheer Shoes - $65

4) Set of 3 Cheer Bows - $25

5) Cheer Duffle Bag - $16.95

6) Glitter Cheer Shirt - $20

7) Navy Cropped Bodyliner (worn under uniform)

8) Navy Boyshort Bloomers (worn under uniform)

9) White No-Show Ankle Socks

10) Warm-Up Jacket & Pants - $70

11) Rain Jacket - $15 (football season only)

**Tryout Week FAQ**

**What do I wear?**

Potential cheerleaders must wear a PLAIN white shirt (no writing – put inside if necessary) and dark athletic shorts (black or navy). They should also wear athletic footwear and any necessary braces, etc. needed for physical activity.

**What do I bring with me to tryouts?**

All paperwork (application and physical) should be completed and turned in prior to the week of tryouts.

If you have not turned in the $200 prior to the formal tryout date, make sure to bring this in cash, check, or money order and turn in to a coach at tryouts. Remember, this money is for the deposit for spirit camp if you make a squad. **It will be given back to you before Spring Break if you do not make a squad.**

You may want to bring a water bottle, but there are also water fountains. Make sure if you have an inhaler or other medical requirements that you bring those with you to tryouts.

**Do I have to have cheered before?**

No! While experience is a benefit, no experience is required to try out. (If you have no prior cheer experience…spend the time before tryouts looking up tutorials of motions and cheer tips on YouTube)

**Do I have to know how to tumble to make a squad?**

No! Again, while tumbling is a portion of our score sheet and a skill set we encourage for cheerleaders to have and continue working on, it is not a requirement to try out or to make a spirit squad. (We recommend taking tumbling or stunting classes at Cheer & Dance Atlanta Jayhawks to work on tumbling skills outside of regular practices)

**When and where will I find out if I made a squad?**

Squad lists after the formal tryout dates will be posted by midnight 2/25/17 on the following social media accounts:

-Instagram- @NorcrossCheer

-Twitter- @NorcrossCheer

-Website- [www.norcrosscheerleading.weebly.com](http://www.norcrosscheerleading.weebly.com)

\*All selections made official after the Post-Tryout Meetings. Failure to attend meetings and chant practices on 2/27-2/28 may result in dismissal.

**Cheerleading Score Sheet**

Average

Tryout Number\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |
| --- | --- | --- | --- |
| **Category** | **Score (1-5)** | **Multiplier** | **Comments** |
| **Toe-Touch** |  | 2 |  |
| **Jump of Choice** |  | 1 |  |
| **Cheer** |  | 2 |  |
| **Chant** |  | 2 |  |
| **Dance** |  | 4 |  |
| **Spirit** |  | 3 |  |
| **Mile Run** |  | 1 |  |
| **Tumbling** |  | 1 |  |
| **Teacher Recs** |  | 4 |  |

Comments:

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**Jumps:** Looking at height of jumps, arm placement, leg placement, and pointed toes

**Motion Technique:** Looking at arm levels, motion sharpness, wrist placement, and motion placement

**Dance Technique:** Looking at motion sharpness, motion placement, confidence, and rhythm

**Spirit & Crowd Leading Skills:** Looking at voice, facial expression, confidence, ability to engage a crowd, positive attitude

**Tumbling Skills:** Looking at difficulty of skill and execution of skill

**Teacher Recommendations:** Average of scores from TWO teacher or coach recommendations.